

# TORMEAD

## **SEX EDUCATION POLICY**

***This whole school policy also applies to the Early Years Foundation Stage***

It is the policy of Tormead that all girls should receive a well-planned, comprehensive programme of sex education during their school career. This should be relevant to the age of the girls and delivered with due regard to the moral ethos of the School and its values.

Under Section 405 of the *Education Act 1996*, parents have the right to withdraw their children from all or part of the sex education programme, except for those compulsory aspects taught as part of the Science National Curriculum.

Parents who wish to exercise the right to withdraw their daughter(s) from the programme should write to the Headmistress to inform her of their decision. They will then be invited to discuss this decision with the Headmistress. Once a girl has been withdrawn from the programme, she cannot later take part in lessons without parental permission.

### **Aims of the Programme**

- To provide information for girls within a supportive educational framework
- To encourage respect and tolerance for other people and an understanding of all types of relationships
- To encourage personal responsibility and self esteem
- To help develop the ability to make decisions about one's own lifestyle and to provide the skills to respond to peer pressure
- To understand the relationship between sexual behaviour and a healthy lifestyle
- To promote understanding of the links between sexual behaviour and other related issues, such as alcohol or drug use
- To enable girls to identify appropriate sources of personal support

### **Programme Content**

Sex education forms part of the curriculum throughout the whole school; the outline scheme of work attached indicates in which year each topic is delivered and in what context. This will mainly be in the context of PSHE and Science lessons. These lessons may be delivered by designated subject tutors, by form tutors in PSHE lessons, or by the Head of PSHE.

Moral and ethical issues may be raised in the teaching of other subjects. As long as any discussion that occurs takes place within the context of that subject, it will not be deemed to be part of the sex education programme and, therefore, not subject to the parental right of withdrawal.

### **Related Issues**

Girls may from time to time seek advice from a member of staff regarding sex education related topics, outside the scope of the normal curriculum. It is hoped that girls will feel able to talk to an adult and to know that they will receive help and support if at all possible. It is, however, important that the following guidelines are adhered to, as appropriate to the age of the girl.

- The girl should be made aware that some information cannot remain confidential if a girl's emotional or physical safety is at risk and/ or illegal activity has occurred; in these instances the member of staff concerned will need to pass on certain types of information to other appropriate adults. At the same time the girl should be offered appropriate support.
- If any form of abuse is suspected, this should be reported to a member of the Designated Safeguarding Lead team immediately for consideration and appropriate action, in accordance with the School's Safeguarding Policy.
- If requests for advice on contraception (outside the context of the PSHE programme) or a disclosure of pregnancy are made, again the girl should be supported. She should be encouraged to discuss the matter with her parents and offered help to do so if needed. If a

girl refuses to do so, then the help of a suitably qualified health professional will be sought and advice taken as to the appropriate course of action.

- It should be remembered that although our primary concern must be for the welfare of the girl concerned, we must also be careful to remember the rights and concerns of the parents or guardians.

### **Review**

This policy is reviewed every two years by the Executive Group.

**Date of Last Review:** 22 May 2019



## Junior School Sex Education Programme 2018-2019

<b>Year</b>	<b>PSHE/Form Time</b>	<b>Science</b>	<b>Religious Studies</b>
1	Medicines and their use in context with themselves.	Ourselves – parts of the body.	Family – looking after ourselves and each other Our community Easter celebrations, e.g. giving of Easter eggs
2	Use of medicines (can be harmful if not used properly)	Growth and variation Animals and humans Offspring changes	Ceremonies: Bar/Bat Mitzvah (Judaism) Aqiqah (Islam) Weddings (Hinduism) The Ten Commandments
3	Use and abuse of medicines, effects and risks Organs in the body Personal safety Stages of life		Creation Stories: Adam & Eve
4	Personal organisation Recognising dangers (eg. from strangers) Self-esteem		Friendships Saying 'No'
5	Friendships Keeping safe at home and at school Puberty & menstrual cycle	Puberty & addictive substances Reproduction Life cycles of animals	Rights and responsibilities Rites of passage
6	Male and female reproductive organs Puberty and menstruation Pregnancy, birth and care of the girl Social & emotional growth	Puberty Human reproduction Inheritance A healthy body	Religion and community/ support networks Moral guidance in holy books from different religions

## Sex Education Programme 2018-19

Year	PSHE	Science	Religious Studies
7	Puberty - body changes, periods & emotions	Human life cycle Changes at puberty Structure and function of male and female reproductive organs Gametes Menstruation Fertilisation Development of foetus Care of baby in humans and other animals	
8	Changing relationships – emotional changes, attraction		Parent/child relationships Sanctity of life
9	Contraception – types Purpose of sex education Idea of emotional changes	Hormones in menstrual cycle. Chemical contraception & IVF Sexually transmitted diseases	
10	Sexual relationships, consent & law Contraception STIs Conception, abortion and family planning Family relationships Relationship with alcohol	<i>GCSE</i> Hormones in menstrual cycle Chemical contraception & IVF (this year only)	<i>GCSE</i> Christianity and relationships: - attitude to sex before marriage - contraception & marriage - attitudes to homosexual relationships
11	Holidaying alone Relationships Sexual health Sexual behaviour in relation to drinks, drugs & alcohol Issues at festivals Sexting Rape & consent.	<i>GCSE</i> All: - reproductive hormones - genetic determination of sex  Separate Science: - diet - pregnancy	<i>GCSE</i> Abortion Sanctity of life
L6	Sexual health Issues concerning sexuality, specifically homosexuality	<i>AS</i> Methods of disease transmission	<i>AS</i> Abortion Law: complexities of personhood, rights & sanctity of life. Responses of various

			ethical theories
U6	Sexual health Issues concerning sexuality - specifically homosexuality	A2 Control of the menstrual cycle	A2 Sexual ethics – contraception, marriage, adultery, homosexuality, sex outside marriage. Responses of various ethical theories